

## **Moving Mountains in Your Life**

### **Key Verses:**

Matthew 21:21-22 - <sup>21</sup> Then Jesus told them, "I tell you the truth, if you have faith and don't doubt, you can do things like this and much more. You can even say to this mountain, 'May you be lifted up and thrown into the sea,' and it will happen. <sup>22</sup> You can pray for anything, and if you have faith, you will receive it."

Hebrews 11:1 - Now faith is the [assurance] of things hoped for, the [conviction] of things not seen. (Assurance = greek word meaning "embodiment," "essence." Conviction = greek word that has connotations of correction, confrontation).

How do we step out in faith to move mountains?

### **Encounter HOPE**

1. **H**onesty – confession, admitting a problem or area of shame, exposing the past
2. **O**wnership – taking responsibility for your sin (repentance), acknowledging what you do NOT own (giving ownership back to the person who has sinned against you)
3. **P**reparation – taking time in silence before God, inviting Him into the situation
4. **E**ngagement – completely surrendering the situation to God, rebuking Satan, taking authority in Christ, seal it with a plan of action.

### **Your plan of action:**

1. How am I going to walk in repentance? (What sin have I turned from?)
2. How am I going to walk in surrender? (What situation have I given to God?)
3. How am I going to walk in freedom? (What behavior will be different this week?)
4. How can I avoid Satan's traps? (How might he trap me? What is my plan to resist?)
5. How can I prepare for battle? (Scripture memory, planned prayer time, asking for support from others).

### **Questions:**

1. What mountains are you facing in your life?
2. What stops you from giving these areas to God?
3. If you have experienced deliverance, what kept you walking in freedom? What opened the door for Satan to re-enter?